

Lost

Looking for some words, but nothings sounding right
Trying to explain, the jumble in your mind
Not knowing where you're going
Only where you've been
Try to stop it showing
While you're lost in-between

People think they know you, they only see the mask
Scripting all the answers, to questions that they ask
Want to find a meaning
A reason to exist
But everyone is leaving
And you're not on the list

Popping pills and potions, to keep an even keel
But how can you be normal, when you don't know how it feels?
Lost, with no perspective
Of things you could achieve
When your only true objective
Is remember how to breathe

By Lee Haigh